



Check One:

- EGD
- EGD/DIL
- EGD Bravo
- Eso Manometry
- Liver Biopsy
- ERCP

GREGORY S. SMITH, M.D.
Board Certified Gastroenterology & Hepatology
KHALED K. NOUR, M.D.
Board Certified Gastroenterology & Hepatology

Your procedure is scheduled with: (Check one): Gregory S. Smith, M.D. Khaled K. Nour, M.D.

Patient Name: _____ DOB: _____
 Procedure Date: _____ Arrival Time: _____ AM/ PM

Your procedure will be performed at this facility:

- Athens Regional Medical Center**
1199 Prince Avenue
Athens, GA 30606
706-475-7000
- St. Mary's Hospital**
1230 Baxter Street
Athens, GA 30606
706-389-3000
- Athens Endoscopy, LLC**
21 Jefferson Place – Suite 2
Athens GA 30606
706-433-0788

Before the Procedure:

- ❖ Have a meal for dinner on the day before the procedure.
- ❖ You may **have a clear liquid up to 2 hours prior to procedure.**
- ❖ **Please take your heart, blood pressure, thyroid and or seizure medications** the morning of the procedure with a **SMALL** sip of water, just enough water to swallow the pill. If you are diabetic, check with your physician before taking your medication.
- ❖ **You must be accompanied by a friend or relative to drive you home.** Please ask them to stay with you to speak with the doctor following your procedure. You **MAY NOT** drive or go home in a taxi or bus. If these instructions are not followed then your procedure may be cancelled.

Special Instructions:

- ♦ **Diabetic:** Hold morning dose of insulin the day of the procedure, but bring it with you to the hospital. Other instructions: _____.
- ♦ **Heart:** If you have an artificial heart valve, or have a previous history of endocarditis, or other specific indication, your doctor may need to prescribe pre-procedure antibiotics. Other instructions: _____
- ♦ **Blood Thinners:** Stop Aspirin; anti-inflammatory medications such as ibuprofen (Advil, Aleve, and Motrin) iron, Fish Oil, Herbal Supplements and ALL Vitamins, at least _____ days before the procedure.
- ♦ You may take Tylenol or other brands of Acetaminophen are safe to take.
- ♦ **Your Info & All Medications:** Bring your license and insurance cards. Bring an updated list of your prescriptions, over-the-counter medications, vitamins and herbal medications. Include the dosages next to each medication. List allergies to any medications, including conditions that would make you sensitive to sedation.

After the Procedure:

- ❖ You may resume a normal diet and medications as tolerated unless otherwise instructed by your physician. Start with a light meal to minimize “bloating.”
- ❖ If the IV site is painful or red, place a warm compress on the site until it improves. If it does not improve within 24 hours, please call your physician.
- ❖ A small amount of rectal spotting (stool, mucous, or blood) may occur after the procedure.

Please call the doctor immediately if any of the following occur:

- Severe abdominal pain.
- Oral temperature greater than 100 degrees F.
- Heavy rectal bleeding (not spotting).
- Vomiting blood.

If you had a biopsy or polypectomy, please follow these additional instructions:

- Rest quietly and minimize activity for the first 24 hours.
- Avoid exercising, lifting heavy items for 72 hours.
- Avoid straining with bowel movements.
- Avoid medications containing aspirin for 7 days.
- Check with your physician if you plan to travel out of town for at least one week.
- Avoid coarse or high fat foods for 48 hours.
- You may experience minor discomfort.

***Your physician may change or give additional instructions after the procedure. *Please note that results may take 7-10 business days. *Feel free to contact us through the Patient Portal on our website www.athensgicenter.com, or call our office at 706-548-0058. *A physician may be reached 24 hours a day, 7 days a week, by calling our office at 706-548-0058. After normal business hours, the answering service will take a message and contact the physician on call.**

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