



Athens Gastroenterology, PC
Athens Endoscopy Center, LLC

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INSTRUCTIONS FOR PREPARATION FOR
ESOPHAGEAL MANOMETRY

Patient Name: _____ DOB: _____
Procedure Date: _____ Arrival Time: _____ AM/ PM

Your procedure will be performed at Athens Endoscopy, LLC in Suite 2 of our office.

***GENERAL INFORMATION**

Esophageal Manometry studies are a very specialized series of tests that record how the esophagus works during swallowing of food or liquids. The study records the contractions of the entire esophagus and the valve at the bottom of the esophagus call the Lower Esophageal Sphincter (LES.)

BEFORE THE TEST

Do not eat or drink anything for 6 hours prior to your test. You will have the opportunity to drink water during the test and you may eat and drink immediately following the test.

***DAY OF EXAMINATION**

- Routine esophageal motility testing usually takes approximately 30 minutes to complete.
- Plan to be in the endoscopy facility 1-2 hours.

***AFTER THE TEST**

- You may return to your usual diet after the test is completed. One of our specially trained physicians will review the results of your test.
- You may return to your normal activities after the test is completed *unless* the Endoscopy Nurse instructs otherwise.

***OTHER INSTRUCTIONS**

If you are unable to keep this appointment or have any questions please contact the office at 706-548-0058.